

Breakfast Point Men's Shed Breakfast Point Men's Shed Created for members of the Breakfast Point Community

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Objectives: To provide a venue with facilities that promotes social interaction amongst older people through a range of activities that build friendship and camaraderie and to improve the health and wellbeing of older people by encouraging them to be physically and mentally active.

Recent projects included Concord, RPA and Balmain Hospitals, Blind Society, Local Schools and Preschools.

